

### The Society for Safe and Caring Schools and Communities' Resources for Bullying Prevention

These resources are published by The Society for Safe and Caring Schools and Communities (formerly known as the Alberta Teachers' Association's Safe and Caring Schools Project). All of these resources can be purchased from the Learning Resources Centre (LRC), 12360 – 142 Street, Edmonton, Alberta, T5L 4X9; telephone 780-427-2767; fax 780-422-9750; Web site: <http://www.lrc.education.gov.ab.ca/>.

- **Preschool Bullying: What You Can Do About It – A Guide for Parents and Caregivers** (2000)  
LRC Product Number 445347 / 24 pages  
This booklet advises parents on what to do if their child is being bullied or is bullying others.
- **Bullying: What You Can Do About It – A Guide for Primary Level Students (K–3)** (1998)  
LRC Product Number 445397 / 28 pages  
This booklet contains stories and exercises to help children deal with bullies and to stop bullying others.
- **Bullying: What You Can Do About It – A Guide for Parents and Teachers of Primary Level Students** (1998)  
LRC Product Number 445454 / 12 pages  
This booklet contains tips to help teachers and parents identify and respond to children who are involved in bullying.
- **Bullying: What You Can Do About It – A Guide for Upper-Elementary Students and Their Parents (Grades 4–6)** (1999)  
LRC Product Number 445321 / 16 pages  
This booklet is directed at students who are the victims, witnesses or perpetrators of bullying, and their parents.
- **Bullying in Schools: What You Can Do About It – A Teacher's Guide (Grades 1–6)** (1999)  
LRC Product Number 445339 / 10 pages  
This booklet describes strategies that teachers can follow to stop bullying in schools.
- **Beyond Bullying: A Booklet for Junior High School Students (Grades 7–9)** (1999)  
LRC Product Number 445470 / 13 pages  
This booklet explains what students should do if they are being bullied or if they see someone else being bullied.

- Beyond Bullying: What You Can Do To Help – A Handbook for Parents and Teachers of Junior High Students** (1999)  
 LRC Product Number 445488 / 18 pages  
 This booklet defines bullying behaviours and suggests strategies that parents and teachers can follow to deal with it.
- Bullying is Everybody’s Problem: Do You Have the Courage to Stop It? – A Resource for Senior High Students (Grades 10–12)** (1999)  
 LRC Product Number 445305 / Pamphlet  
 This guide for senior high students defines bullying and provides advice on how to respond to it. It is sold in packages of 30.
- Bullying and Harassment: Everybody’s Problem – A Senior High Staff and Parent Resource** (2000)  
 LRC Product Number 445496 / 12 pages  
 This booklet advises parents and high school teachers on how to deal with bullying.
- Class Meetings for Safe and Caring Schools (K–Grade 12)** (1999)  
 LRC Product Number 445587 / 20 pages  
 This booklet explains how regular class meetings can help teachers and students work out conflicts before they become major problems.
- Anti-Bullying Curriculum Materials: Social Studies Grades 10, 11, 12** (1999)  
 LRC Product Number 445553 / 81 pages  
 Developed by Project Ploughshares Calgary, this booklet contains a series of exercises that teachers can use to incorporate the topic of bullying into the high school social studies curriculum.
- Toward a Safe and Caring Curriculum Elementary Curriculum Resource Binders** (1999, 2001)  
 Kindergarten – LRC Product Number 445446 / 370 pages  
 Grade 1 – LRC Product Number 445371 / 473 pages  
 Grade 2 – LRC Product Number 445389 / 446 pages  
 Grade 3 – LRC Product Number 445404 / 436 pages  
 Grade 4 – LRC Product Number 445412 / 463 pages  
 Grade 5 – LRC Product Number 445420 / 419 pages  
 Grade 6 – LRC Product Number 445438 / 481 pages

## Appendix G-3

This set of resources assists teachers in integrating violence-prevention concepts into all subjects in the Kindergarten to Grade 6 curriculum. Each resource is divided into five topics:

1. Building a Safe and Caring Classroom
2. Developing Self-Esteem
3. Respecting Diversity and Preventing Prejudice
4. Managing Anger and Dealing with Bullying
5. Working It Out Together.

- ***Toward a Safe and Caring Secondary Curriculum***  
(online resource)

Web site address: <http://ata.iomer.com/Introduction/>

The general purpose of *Toward a Safe and Caring Secondary Curriculum* is to provide units, lesson plans and other resources that integrate safe and caring knowledge, skills and attitudes into all subject areas in the Alberta secondary curriculum. This resource was developed by Alberta teachers and has been field tested in classrooms throughout the province.