

# Health and Life Skills

**Authorized Resources to be  
Withdrawn as of August 31,  
2006.**

**March 2006**

# Authorized Resources to Be Withdrawn as of August 31, 2006

## KINDERGARTEN through GRADE 9

**Please Note:**

These resources are being withdrawn as authorized resources from provincial resource listings:

- these resources contain dated material
- newer resources on the topic are now available.

Local board approval is recommended to continue using these resources.

Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
<i>Comprehensive Health for the Middle Grades</i> Abstinence: Teacher / Student Resource	ETR Associates	Zeviv, D.	1996	Authorized Teaching 7, 8, 9
The Active Edge: A Guide to Active Living for Teens: Partner Guide to The Eating Edge	Dairy Nutrition Council of Alberta			Authorized Teaching 7, 8, 9
Amazing Mallika (Student Book)	MarshMedia	Parkison, J.	1997	Support 2, 3
<i>Veggie Tales</i> Are You My Neighbour?	Students Taking a Right Stand		1998	Support K, 1
<i>BeCool: Middle School - Part 1: Coping with Difficult People</i> • Module 2: Coping with Teasing • Module 3: Coping with Bullying • Module 4: Coping with Anger / Other • Module 5: Coping with Anger / Self	James Stanfield Publishing Company, Inc.	Stanfield, J.	1997	Authorized Teaching 7, 8
<i>BeCool: Middle School - Part 2: Reconciling Differences</i> • Module 1: Settling Differences with Peers • Module 2: Resolving Conflicts with Peers • Module 3: Settling Differences with Authority • Module 4: Resolving Conflicts with Authority	James Stanfield Publishing Company, Inc.	Stanfield, J.		Authorized Teaching 7, 8
Bea's Own Good (Student Book)	MarshMedia	Talley, L.	1997	Support 2
<i>Body Image Resource Collection</i> Body Image Resource Collection (Kit) (Grades 1 - 3)	Calgary Regional Health Authority (CRHA) - Body Images Project	Ryeder, S. et. al.	2001	Authorized Teaching 1, 2, 3
<i>Body Image Resource Collection</i> Body Image Resource Collection (Kit) (Grades 4 - 6)	Calgary Regional Health Authority (CRHA) - Body Images Project	Ryeder, S. et. al.	2001	Authorized Teaching 4, 5, 6
<i>Body Image Resource Collection</i> Body Image Resource Collection (Kit) (Grades 7 - 9)	Calgary Regional Health Authority (CRHA) - Body Images Project	Ryeder, S. et. al.	2001	Authorized Teaching 7, 8, 9
<i>Your Amazing Body</i> A Breath of Fresh Air	Pyramid Media Inc.		1997	Support 4

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## KINDERGARTEN through GRADE 9 (continued)

Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
<i>Comprehensive Health for the Middle Grades</i> • Abstinence: Teacher / Student Resource (Grades 7 to 9) • Puberty and Reproduction: Teacher / Student Resource (Grades 4 to 6)	ETR Associates	Zeviv, D.	1996	Authorized Teaching 4, 5, 6, 7, 8, 9
Dating Violence and Acquaintance Rape (Pamphlet)	Capital Health		1997	Support 7, 8, 9
<i>ShowPeace</i> Dinner for Two / Dîner intime	National Film Board		1997	Support 1, 2, 3, 5, 6
<i>Health Matters</i> Drugs and Your Health	Steck-Vaughn Publishers	Powell, J.	1998	Support 4, 5
The Eating Edge: A Guide to Healthy Eating for Teens: Partner's Guide Grades 9-10	Dairy Nutrition Council of Alberta		1995	Authorized Teaching 7, 8, 9
Every Body Is a Somebody: Facilitator's Guide	The Body Image Coalition of Peel	Seaver, A. et al.	1997	Authorized Teaching 7, 8, 9
<i>Health Matters</i> Exercise and Your Health	Steck-Vaughn Publishers	Powell, J.	1998	Support 2, 3, 4, 5
First Aid: The Vital Link	Mosby Lifeline		1994	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9
<i>Veggie Tales</i> Flibber-O-Loo	Students Taking a Right Stand		1998	Support K, 1, 2
Food Additives: Substances Added in Food Processing	Classroom Video		1998	Support 9
<i>Veggie Tales</i> Grapes of Wrath	Students Taking a Right Stand		1998	Support K, 1, 2
Health: Exercise, Nutrition, and Sleep (3rd Ed.)	AIMS Multimedia		1996	Authorized Teaching K, 1, 2, 3, 4, 5, 6
<i>Health Matters Series</i> • Drugs and Your Health (Grades 4, 5) • Exercise and Your Health (Grades 2, 3, 4, 5) • Hygiene and Your Health (Grades 2, 3, 4, 5)	Steck-Vaughn Publishers	Powell, J.	1998	Support 2, 3, 4, 5
<i>Your Amazing Body</i> The Heart is a Lonely Thumper	Pyramid Media Inc.		1997	Support 4
<i>Health Matters</i> Hygiene and Your Health	Steck-Vaughn Publishers	Powell, J.	1998	Support 2, 3, 4, 5
I Can Make Good Choices	Sunburst Communications Inc.		1995	Support 4

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## KINDERGARTEN through GRADE 9 (continued)

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I Quit! Tobacco and Teens	Alfred Higgins Productions		1997	Support 9
Inger's Promise (Student Book)	MarshMedia	Parkison, J.	1996	Support 2, 3
Jackson's Plan (Student Book)	MarshMedia	Talley, L.	1998	Support 2, 3
Kids with Diabetes in Your Care: A Practical Guide	Canadian Diabetes Association		1998	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8,
<i>Veggie Tales</i> Larry Boy and the Fib from Outer Space	Students Taking a Right Stand		1998	Support 1
Let's Rap about AIDS	Ochapowace Educational Entertainment Co.		1998	Support 8, 9
<i>The Library of Healthy Living</i> Staying Healthy: Let's Exercise	The Rosen Publishing Group, Inc.	McGinty, A.	1997	Support 1
<i>Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility</i> Lions-Quest: Exploring the Issues: Promoting Peace and Preventing Violence	Quest International	Keister, S. et al.	1995	Authorized Teaching 7, 8, 9
<i>Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility</i> Lions-Quest: Exploring the Issues: Teens: Alcohol and Other Drugs	Lions-Quest Canada	Apacki, C.	1995	Authorized Teaching 7, 8, 9
Lions-Quest: Skills for Action 7 (Kit)	Quest International		1995	Authorized Teaching 7, 8, 9
<i>Lions-Quest: Working Toward Peace</i> • Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.) (includes Curriculum Manual; Poster Set; Student Book; Brochure; and Canadian Administrator's Guide)	Quest International	Morgan, L. et al.	1995	Authorized Teaching 7, 8, 9
The Little Trapper	National Film Board		1999	Support 4, 5, 6
<i>Making Healthy Decisions</i> Making Healthy Decisions: Nutrition: Unit 1 (Student Book)	BSCS		1997	Support 4, 5, 6, 7, 8
<i>Making Healthy Decisions</i> Making Healthy Decisions: Nutrition: Unit 1: Teacher's Guide	BSCS		1997	Authorized Teaching 4, 5, 6, 7, 8
<i>Making Healthy Decisions</i> Making Healthy Decisions: Nutrition: Unit 2 (Student Book)	BSCS		1997	Support 7, 8, 9

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Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
<i>Making Healthy Decisions</i> Making Healthy Decisions: Nutrition: Unit 2: Teacher's Guide	BSCS		1997	Authorized Teaching 7, 8, 9
Male and Female: Trust and Honesty	Alfred Higgins Productions		1995	Support 8
Managing Conflict: Strategies, Activities and Role Plays for Kids	Jalmar Press	Palomares, S.	1995	Authorized Teaching 3, 4, 5, 6, 7, 8
Molly's Magic (Student Book)	MarshMedia	Paine, P.C.	1995	Support 3
Nutrition P.I. Primary Ideas for Active Learning (Revised Edition) (Kit)	Dairy Nutrition Council of Alberta		1999	Authorized Teaching K, 1, 2, 3
Plato's Journey (Student Book)	MarshMedia	Talley, L.	1998	Support 2, 3
<i>PROJECT APEX</i> • PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Action Pack • PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Teacher's Guide: Grades 4-6	Dairy Farmers of Ontario		1999	Authorized Teaching 3, 4, 5, 6
<i>Comprehensive Health for the Middle Grades</i> Puberty and Reproduction: Teacher / Student Resource	ETR Associates	Golliher, C.	1996	Authorized Teaching 4, 5, 6
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	Safety Sense Enterprises Inc.	Grafftey, H.	1996	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8,
Second Step: A Violence Prevention Curriculum: Grades 4–5 (2nd Ed.)	Committee for Children		1997	Authorized Teaching 4, 5
Sex Can Wait: An Abstinence-Based Sexuality Curriculum for Middle School	ETR Associates	Core-Gebhart, P. et al.	1994	Authorized Teaching 7, 8, 9
<i>ShowPeace</i> • Dinner for Two / Dîner intime (Grades 1-3, 5-6) • When the Dust Settles / Et la poussière retombe (Grades 1-2)	National Film Board		1997	Support 1, 2, 3, 5, 6
<i>The Library of Healthy Living</i> Staying Healthy: Let's Exercise	The Rosen Publishing Group, Inc.	McGinty, A.	1997	Support 1
STOP: Stomp Tobacco Out Please! A Tobacco Cessation Program for Young Teens (Grades 7-9): Facilitator's Manual	Capital Health		1997	Authorized Teaching 7, 8
Straight Goods on Drugs and Alcohol	AADAC Resource Development and Marketing		1994	Support 7, 8, 9

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Series / Title	Publisher	Author(s)	Copyright Date	Status / Grade(s)
Thank You, Meiling (Student Book)	MarshMedia	Talley, L.	1999	Support 2
Think, Choose, Act Healthy: Student Activities: Comprehensive Health for the Middle Grades	ETR Associates	Quiroz, H.	1996	Authorized Teaching 5, 6, 7, 8
Think, Choose, Act Healthy: Student Activities for High School	ETR Associates	Quiroz, H.	1997	Authorized Teaching 7, 8, 9
Think First for Kids: National Injury Prevention Program: "Discoverers" - Grades 1, 2, 3: Curriculum Manual	Think First Foundation		1996	Authorized Teaching 1, 2, 3
<i>Veggie Tales Series</i> • Are You My Neighbour? (Grades K, 1) • Fibber-O-Loo (Grades K, 1, 2) • Grapes of Wrath (Grades K, 1, 2) • Larry Boy and the Fib from Outer Space (Grade 1)	Students Taking a Right Stand		1998	Support K, 1, 2
Wash Those Hands!	Marsh Media		1996	Support K, 1
<i>ShowPeace</i> When the Dust Settles / Et la poussière retombe	National Film Board		1997	Support 1, 2
<i>Your Amazing Body Series</i> • A Breath of Fresh Air (BPN 20358-01) • The Heart is a Lonely Thumper (BPN 20358-02)	Pyramid Media Inc.		1997	Support 4

