

Preface

The *Kindergarten to Grade 9 Health and Life Skills Guide to Implementation* is intended to assist teachers with implementation of the prescribed outcomes in the Program of Studies for Health and Life Skills, Kindergarten to Grade 9 (2002). The goal of this program is to enable students to make well-informed healthy choices and to develop behaviours that contribute to the well-being of self and others. This K–9 program of studies (2002) replaces the Elementary Health (1989), and the Junior High Health and Personal Life Skills (1987) programs of study.

This guide to implementation is available for viewing and downloading through the Alberta Learning Web site at www.learning.gov.ab.ca/k_12/curriculum/bySubject/healthpls/default.asp. Print copies are also available for purchase in unbound form and three-hole punched from the Learning Resources Centre (LRC). The LRC Web site is at www.lrc.learning.gov.ab.ca.

This *Guide to Implementation* is a support document. The advice and direction offered are suggestions only except where they duplicate or paraphrase the contents of the program of studies. The prescriptive statements or segments in this document are shaded for easy reference.

